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| I:\DIV47\Logo's\OB GYN Center w Trademark Cursive.jpg | *97 Thomas Johnson Dr. #101*  *Frederick, MD 21702*  *P: 301-663-4545*  *F: 301-663-1709* |
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# Office Hysteroscopy Protocol

## Night Prior to Procedure (Bedtime):

* Cytotec (misoprostal) 200mcg (1 tablet) at bedtime *(we will call this into your pharmacy)*
* Motrin (ibuprofen) 800mg

## Day of Procedure:

* Cytotec (misoprostal) 400mcg (2 tablets) 2 hours prior to scheduled procedure time
* Motrin (ibuprofen) 800mg 2 hours prior to scheduled procedure time

*Patients that are 60 years of age and older should decrease dosage of Motrin (ibuprofen) to 600mg*

\*\*Some patients will experience side effects such as diarrhea and/or mild uterine cramping which is normal\*\*

## Post Procedure Instructions:

After your procedure you may have vaginal spotting. Do not use tampons until discharge has stopped *(you may use feminine hygiene pads)*. You may resume sexual intercourse, baths and swimming once the bleeding has stopped. It is safe to resume normal activities within 1-2 days. Most patients return to work, school and their normal routine within this timeframe.

**When to Call:**

* A fever over 100.4ºF for two readings 4 hours apart.
* Severe abdominal pain not relieved by pain medicines or other comfort measures (heating pad).
* Heavy bleeding or soaking through a pad every hour for 2-3 hours in a row.
* Foul smelling, cloudy or greenish discharge.
* Severe nausea and vomiting where you are unable to keep down food and liquids.